



**Frederick L. Lewis, RADM, USN (Ret.)**  
 “Bad Fred”

Date of Designation: 1 November 1963 NA # V-20615

Dates of Active Duty: 1 July 1958 - 1 October 1995

Total Flight Hours: 6,512

Carrier/Ship Landings: Fixed wing: 1,205

Approximate Flight Hours:

Jet: 5,362 Prop: 1,000 Helo: 150 VF/VA: 5,242  
 VS: 120

Combat Tours:

Vietnam: VF-74 (F-4B) - Embarked USS *Forrestal*, June-Sep. 1967, Line Division Officer.

Vietnam: VF-33 (F-4J) - Embarked USS *America*, May-Dec. 1968, Weapons Training Officer

Aviation Commands:

0 in C, VF-101 F-14 Component, 1975/76  
 CO, VF-142 - Embarked USS *America*/USS *Eisenhower*, 1978/79.

Commander, CVW-8 - Embarked USS *Nimitz*, 1980/81  
 Commander, Fighter-Wing One - NAS Oceana, 1982/83  
 Commander, CVW-8 - Embarked USS *Nimitz*, 1986/89  
 Commander, Naval Safety Center, NAS Norfolk, 1988/89  
 Commander, Tactical Wings Atlantic, NAS Oceana, 1988/91  
 Commander, Carrier Group Four/Commander, Carrier Striking Forces, 1991/93  
 Commander, Naval Doctrine Command, NAS Norfolk, 1993/95

Combat Awards:

8 Strike Flight Air Medals  
 Navy Commendation Medal with combat “V”



**Duty Assignment Chronology**

7/58-6/62 US Naval Academy, Annapolis, MD.  
 8/62-11/63 Aviation Training Command, Pensacola/ Meridian/Kingsville.  
 12/63-11/64 VT-2, NAS Whiting Field - Fight Instructor (T-28B/C).  
 12/64-4/65 Maintenance Officer School, NAS Memphis.  
 5/65-10/65 VF-121, NAS Miramar - F-4 Replacement pilot training.  
 11/65-10/67 VF-74 embarked USS *Forrestal*/NAS Oceana/ NAS Key West -Material Control/Line Division Officer.  
 11/67-1/69 VF-33 embarked USS *America*/NAS Oceana - Weapons Training Officer.  
 2/69-11/69 US Naval Test Pilot School, NAS Patuxent River, MD - Student.  
 11/69-4/72 Service Test Division, Fighter Branch, Naval Air Test Center - Project Pilot.  
 4/72-7/72 VF-101, NAS Oceana - F-4 Replacement pilot training.  
 7/72-7/75 VF-14 embarked USS *John F. Kennedy*/NAS Oceana - Operations Officer/Acting XO.  
 7/75-11/76 0-in-C, VF-101 F-14 Component, NAS Oceana.  
 11/76-3/79 XO/CO, VF-142 embarked USS *America*/USS *Eisenhower*.  
 3/79-6/80 Chief of Staff, Commander, Fighter Wing One, NAS Oceana.  
 6/80-9/81 Commander, Carrier Air Wing 8, embarked USS *Nimitz*.  
 9/81-3/82 Air Wing Training Officer, Commander, Naval Air Forces US Atlantic Fleet, NAS Norfolk.  
 3/82-10/83 Commander, Fighter Wing One, NAS Oceana.  
 11/83-9/84 OPNAV, Washington DC, OP-508.  
 3/84-5/84 Harvard University Program for Senior Defense Managers, Cambridge, MA.  
 9/84-1/86 Duty under training for major command.  
 1/86-9/87 Commander, Carrier Air Wing 8, embarked USS *Nimitz*.

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## Duty Assignment Chronology continued

9/87-9/88 OPNAV, Director Strike & Amphibious Warfare, OP-74.  
10/88-3/91 Commander Tactical Wings Atlantic/  
Commander Naval Safety Center.  
3/91-3/93 Commander, Carrier Group Four.  
3/39-7/95 Commander, Naval Doctrine Command.  
11/95-Present Executive Director, National Training Systems Association;  
Director, ITEC, Ltd.;  
Director, Navy Mutual Aid Association;  
Director, Tailhook Association.

## **Summary of Significant Career Events**

- (1) Assigned to VF-74 embarked on USS *Forrestal* on 29 July 1967, during disastrous flight deck fire. Total of 134 killed -- 41 from VF-74.
- (2) While assigned to VF-33, selected by both Blue Angels and Test Pilot School. TPS was great, but I always regretted not going to the Blues.
- (3) In 1974, established the F-14 RAG at NAS Oceana. In July 1974, Russian pilot Victor Bilenko defected in MIG-25 to Japan. Black boxes stolen from one of our F-14's and thought to be reprisal for Bilenko's action. Boxes actually stolen by airman on watch who was later court-martialed.
- (4) Commanded CAG 8 embarked on USS *Nimitz* in 1981, during Sixth Fleet Freedom of Navigation operations in the Gulf of Sidra. Highly successful operations south of Libya's "Line of Death" resulted in shoot down of two Libyan fighters by aircrew in Airwing F-14's.
- (5) In 1986, inaugurated the "Super CAG" program and again took command of Air Wing 8, five years after initial CAG tour.
- (6) Established the Naval Doctrine Command in 1993.
- (7) Deep-selected for Commander.
- (8) Member of a team of dedicated naval aviators who worked tirelessly to achieve reconciliation between the Navy and Tailhook Association. Reconciliation occurred in January 2000.
- (9) Aircraft Types Flown: T-34B/C; T-2A/B; TF-9J; AF-9J; F-11A; F- 4A/B/F/J; F-14 A/B/D; S-2F; F-8C/J; F-5E/F; T-38; T-2V; A-4B/E/F/M; TA-4; Schweizer 232; A-1; A-6A; A-7B/E; E-2C; EA-6B; S-3B; F-18C/B; T-45; B-1; F- 16; F-15; H-3H; H-13; H-1; TH-58; AH-64; AH-1J; H-60H; SH-2.